

## Church Crookham Junior School - School Lunch Summary

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>Week 1</b> 14 <sup>th</sup> Sept 5 <sup>th</sup> Oct	CHOOSE FROM	M Pork sausages with mashed potato and gravy	CHOOSE FROM	M Chicken curry with brown & white rice	CHOOSE FROM	M Bubble salmon	CHOOSE FROM	M Roast chicken & Yorkshire pudding	CHOOSE FROM	M Battered fish fingers & chips
		V Somerset cheese & onion quiche with diced potatoes		V Tomato pasta		V Margherita Pizza		V Vegetable wellington		V Vegetable goujons with chips
		J Jacket potato with double beans		J Jacket potato with tuna & sweetcorn		J Jacket potato with chicken & mayo		J Jacket potato with cheese		J Jacket potato with sausage & beans
	VEGETABLE OF THE DAY		VEGETABLE OF THE DAY		VEGETABLE OF THE DAY		VEGETABLE OF THE DAY		VEGETABLE OF THE DAY	
	Served with seasonal vegetables		Served with seasonal vegetables		Served with Crinkle cut wedges, baked beans / vegetables		Served with seasonal vegetables, roast potatoes, gravy		Served with seasonal vegetables	
	TO FINISH		TO FINISH		TO FINISH		TO FINISH		TO FINISH	
Fruit wedges & Pudding of the day		Fruit wedges & Pudding of the day		Fruit wedges & Pudding of the day		Fruit wedges & Pudding of the day		Fruit wedges & Pudding of the day		
<b>Week 2</b> 31 <sup>st</sup> Aug 21 <sup>st</sup> Sept 12 <sup>th</sup> Oct	CHOOSE FROM	M Pork sausage roll with diced potatoes	CHOOSE FROM	M Bolognese loaded ledges	CHOOSE FROM	M Bubble salmon	CHOOSE FROM	M Roast beef & Yorkshire pudding	CHOOSE FROM	M Battered fish, chips & tomato sauce
		V Macaroni cheese with Somerset cheddar		V Vegetable goujons & wedges		V Margherita pizza		V Vegetarian toad in the hole		V Sweet potato & lentil curry with brown & white rice
		J Jacket potato with double beans		J Jacket potato with tuna & sweetcorn		J Jacket potato with chicken & mayo		J Jacket potato with cheese		J Jacket potato with sausage & beans
	VEGETABLE OF THE DAY		VEGETABLE OF THE DAY		VEGETABLE OF THE DAY		VEGETABLE OF THE DAY		VEGETABLE OF THE DAY	
	Served with seasonal vegetables		Served with seasonal vegetables		Served with Crinkle cut wedges, baked beans / vegetables		Served with seasonal vegetables, roast potatoes, gravy		Served with seasonal vegetables	
	TO FINISH		TO FINISH		TO FINISH		TO FINISH		TO FINISH	
Fruit wedges & Pudding of the day		Fruit wedges & Pudding of the day		Fruit wedges & Pudding of the day		Fruit wedges & Pudding of the day		Fruit wedges & Pudding of the day		
<b>Week 3</b> 7 <sup>th</sup> Sep 28 <sup>th</sup> Sep 19 <sup>th</sup> Oct	CHOOSE FROM	M Chicken goujons	CHOOSE FROM	M Beef lasagne	CHOOSE FROM	M Tuna & sweetcorn pasta bake	CHOOSE FROM	M Roast gammon & Yorkshire pudding	CHOOSE FROM	M Baked fish fingers & chips
		V Free range omelette		V Oriental fried rice		V Margherita pizza & diced potatoes		V Vegetarian sausages & Yorkshire pudding		V Somerset cheese & tomato Quesadilla & chips
		J Jacket potato with double beans		J Jacket potato with tuna & sweetcorn		J Jacket potato with chicken & mayo		J Jacket potato with cheese		J Jacket potato with sausage & beans
	VEGETABLE OF THE DAY		VEGETABLE OF THE DAY		VEGETABLE OF THE DAY		VEGETABLE OF THE DAY		VEGETABLE OF THE DAY	
	Served with Crinkle cut wedges, baked beans / vegetable of the day		Served with seasonal vegetables		Served with seasonal vegetables		Served with seasonal vegetables, roast potatoes, gravy		Served with seasonal vegetables	
	TO FINISH		TO FINISH		TO FINISH		TO FINISH		TO FINISH	
Fruit wedges & Pudding of the day		Fruit wedges & Pudding of the day		Fruit wedges & Pudding of the day		Fruit wedges & Pudding of the day		Fruit wedges & Pudding of the day		

\* Salad available each day