## PSHE- Medium Term Plan at Church Crookham Junior School

	Autumn 1	Autumn 2	Spring 1	Spring 2	Sum 1	Sum 2
Year 3	<ol> <li>1) Settling in</li> <li>2) All about me</li> <li>3) Making friends</li> <li>4) School Council</li> <li>5) Growth Mindset</li> </ol>	<ol> <li>People and their work</li> <li>In someone else's shoes</li> <li>Getting on and falling out</li> <li>Saying no to bullying</li> <li>Relationships</li> </ol>	<ol> <li>Focus on feelings</li> <li>Stereotypes</li> <li>Cleanliness</li> <li>Emotions</li> <li>Growth Mindset</li> </ol>	<ol> <li>1) Emotions</li> <li>2) Choices</li> <li>3) Positive self-image</li> <li>4) In someone else's shoes</li> </ol>	<ol> <li>1) Choices and consequences</li> <li>2) Good to be me</li> <li>3) In someone else's shoes</li> <li>4) Healthy living</li> <li>5) Reflection</li> </ol>	1) Changes 2) Focus on feelings 3) Friendship 4) Growth Mindset
Year 4	<ol> <li>Appreciating others</li> <li>School Council</li> <li>Growth Mindset</li> </ol>	1) Anger 2) Bullying 3) Growth Mindset	<ol> <li>Feeling good</li> <li>Celebrating qualities</li> </ol>	<ol> <li>1) Changes in families</li> <li>2) Keeping safe outside school</li> </ol>	<ol> <li>1) Ups and downs in relationships</li> <li>2) Growth Mindset</li> </ol>	<ol> <li>Dealing with change</li> <li>Keeping healthy</li> <li>Health (Sex Education)</li> <li>Looking ahead</li> </ol>
Year 5	<ol> <li>Growth mindset</li> <li>Feelings</li> <li>School Council</li> <li>Starting something new</li> <li>*Health (Sex and Relationships Education)</li> </ol>	<ol> <li>1) Friendships -getting on and falling out</li> <li>2) Risks and pressures</li> </ol>	<ol> <li>Feelings</li> <li>Who decides?</li> <li>Growth mindset</li> </ol>	<ol> <li>We're all different</li> <li>Being involved in the community</li> </ol>	<ol> <li>Feelings</li> <li>Perseverance</li> <li>Growth Mindset</li> </ol>	<ol> <li>1) Empathy; to manage feelings and social skills.</li> <li>2) Looking at the world</li> <li>3) Transition/change</li> </ol>
Year 6	<ol> <li>1) School Council</li> <li>2) Getting on and falling out.</li> <li>3) Conflict</li> </ol>	<ol> <li>E-safety- say no to cyberbullying.</li> <li>Taking responsibility</li> </ol>	<ol> <li>Going for goals</li> <li>Choices</li> </ol>	<ol> <li>Good to be me</li> <li>Rights responsibilities and the law</li> </ol>	1) Relationships 2) Changes- it's your move	<ol> <li>1) The world of work</li> <li>2) *Health (sex and relationships education).</li> <li>3) Transition and managing change</li> </ol>

Regular Circle Times, E-safety work and Growth Mindset are ongoing throughout the year. Work on British Values is also re-visited in units of work.

\*DfE are reviewing SRE during 2018-19 and any recommendations that are agreed by DfE will be implemented.