

Church Crookham News

"Achievement By All"

This week we have enjoyed having all of the Year 6 children back in school and hearing about their wonderful time at Osmington Bay or on their day trips. Our Year 5 parents have had an opportunity to learn about the forthcoming residential trip to Sayers Croft. There has been a buzz in the air as the children have been talking about clubs they are attending and have heard about some of the activities available for Fantastic Friday (on 13th October). Year 3 are looking forward to their Iron Age workshops next week. These events are communicated via Arbor, any payments due can be made through your Scopay account. We do everything we can for all children to be involved in trips and visits but we cannot fund all of these events through the school budget, so do check to see if there is any payment due on your child's account. Also, if your child is unable to attend a club, or does not want to attend a club any further, please do make sure the club leader is informed by either sending a message via adminoffice@crookham-jun.hants.sch.uk or via your child's Homelink Book. We do have waiting lists for some clubs so it would be nice to offer out places should they become available.

Big Emotions Event for Parents/Carers on Thursday 12th October 9-10am

As mentioned previously we are holding an event for parents and carers to attend. This will be at school in our main school hall. The workshop is centred around children having 'big emotions' which all children can experience at some time. Feedback from previous workshops has been very good and there is a lot of practical advice and help which will support any parent/carer. We are delighted to welcome Hampshire Primary Behaviour Service back to CCJS to deliver this very popular session. You can book tickets through our school office or via this link:

<https://www.eventbrite.co.uk/e/717044307827?aff=oddtcreator>



Prospective Parents Meetings for Year Two Parents and Carers

We are always delighted to welcome families to CCJS and we are about to host our open afternoons for our next Year 3 parents. These will be running on Monday 16th October, Tuesday 17th October and Wednesday 18th October 2-3pm and there will be an opportunity for parents/carers and family members to visit. Year 2 children are welcome to attend with their parent/carer. There is no need to book and the afternoon will include an introduction to CCJS and a tour of the school. Making the right choice for the next part of your child's journey is so important and having time in school, during the working day, will help parents and carers to make the right decision. If you have a Year 2 pupil or have friends who do, please do remind them of these dates. If parents/carers cannot make these dates, we can offer other dates for tours. Please contact the school office for further information.

School Governor Vacancy

At CCJS we are looking for a parent governor to join our enthusiastic governing body. As a governor you will be a volunteer who makes a vital contribution to the success of the school. School governors have three main roles:

Governors ensure clarity of vision, ethos and strategic direction - The governing body helps to set long-term plans for the school, decide where improvements need to be made and how to make them.

Governors hold the headteacher to account for the educational performance of the school and the effective and efficient performance management of staff - The governing body looks at the quality of education being offered and ensures the head is doing everything possible to improve results.

Governors oversee the financial performance of the school and make sure its money is well spent - Governors examine budgets and spending proposals to monitor whether the school is getting value for money and ensure the money is spent in the right areas.

This role is a strategic one and not operational. It may be of particular interest if you have skills in finance/accounting, human resources, data or education or have experience or understanding of parents who are in the armed forces (as this is currently an under-represented group on our governing body). However, we do invite applications from anyone who is interested in helping the school be the best it can be. Full training is available and governors are encouraged to attend regular training sessions, either in person or online.

We are looking for someone who can attend approximately six full governing body meetings per year (which are held 7-9pm in person at school) and around six committee meetings per year (which are held 4-6pm virtually). Governors also spend time in school during the day (around two visits per term). You must be 18 or over to apply and all governors must have Disclosure and Barring Service (DBS) checks. If you would like to find out more please email adminoffice@crookham-jun.hants.sch.uk. If we were to have more than one application from a parent then a parental election would be organised, using information from the completed application form. The closing date for applications is Friday 12th October. If you are keen to find out more, ahead of applying then please also contact adminoffice@crookham-jun.hants.sch.uk and we can put you in touch with one of our current school governors who can tell you more about the role and answer your questions.



PTA Firework Evening

We are all very much looking forward to our Firework Evening, being run by our wonderful PTA on Thursday 19th October. Gates will open at 6.30pm with the firework show starting at 7.30pm. You can book tickets at www.pta-events.co.uk/ccjs

As parents you are all member of our PTA and it'd be great to have some additional help that night, or in setting up for the Firework Extravaganza. Just a few hours or offer of help would be really appreciated. All our PTA Committee members do also have full time jobs and any help would be great! Please do contact our PTA via their email which is crookhamjuniorspta@gmail.com

Is my Child too Ill for School?

The NHS has just launched a space on their website called 'Is my child too ill for school'. This includes a list of conditions and advice parents and carers can use to help decide if their child is not well enough to be in school. Advice includes information on Covid symptoms, having headlice, conjunctivitis and Scarlet Fever, to name but a few. The link to this useful guide can be found at <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

Parental Communication

We are always keen to promote good communication and we do have the adminoffice@crookham-jun.hants.sch.uk email, an open door policy where you can phone school or visit the school office and ask questions and also small blue Homelink Books for messages between home and school. We are asking that you use these to help communicate with school as we have had some parents comment on some information on Class Whatsapp groups and assuming that this information is accurate. Class Whatsapp groups have been set up and run by parents in classes and are not promoted by the school, so if you are unsure of something please do ask school.

House Captain Elections

We are proud to have Five Houses named after some inspirational heroes which all have colours: Turing (yellow), Zephaniah (red), Attenborough (green), Simmonds (blue), Williamson (orange) and every child is in a house. Our Year Six pupils have all been invited to present to their house their reasons why they should be voted as a House Captain. The House Captains have additional responsibilities around the school and also act as role models for our pupils. It has been really impressive to see the high standard of presentations we have had today and, all children who put themselves forward as House Captains should be commended on their confidence and well thought-out speeches. Results of the voting will be announced next week and we look forward to sharing with you our House Captains for 2023-2024.

Behaviour

At the beginning of term, we stated that we had changed our behaviour policy so that children had clear and consistent expectations through having three rules in school, which are:

- Be kind
- Be safe
- Be respectful

Our children have responded very well to these. We are pleased with the improved understanding of our pupils and how much they are able to support and celebrate good behaviour and where children have made progress. Online behaviour through gaming, use of social media, etc. are also part of our school behaviour policy, however, we do advise that children should not have any games or apps which are not age appropriate and that all devices should be monitored carefully by parents. Finally, it has been helpful that children have not been bringing toys into school as this has avoided unnecessary distractions in class – please do talk to your child about this and the reasons why we discourage children bringing in toys into school.

School Crossing Patrol Officer

As you know Hampshire still have a vacancy for a School Crossing Patrol Officer on Sandy Lane, since JoJo Lollipop left last year. There is full training provided for this paid role, so if you know of someone local who maybe interested please do forward the details of the advert at <https://careers.newjob.org.uk/HCC/job/Fleet-School-Crossing-Patrol-Sandy-Lane%2C-Church-Crookham%2C-Fleet-HCC607048-HAM/901628601/> to them.

The Importance of Sleep

Several parents have contacted school to say that they have problems with getting their child to sleep, staying asleep or waking up and it has been presenting as a real problem. As we know disrupted, broken or insufficient sleep can really impact on people's mood and ability to cope with daily life. Sleep is important for growth and development. According to 'The Sleep Charity' children between 7 and 12 years old should have between 10-11 hours per day.

What can help young people get good quality and enough sleep:

- Creating a calming and peaceful sleeping environment. Rooms that are dark and cool are best for sleep;
- Avoid engaging in highly stimulating activities before bedtime such as using a phone, watching TV or playing games on a console – implement a screen curfew at least an hour before bedtime;
- Aim to have a regular bedtime routine and sleep pattern, this includes going to bed and getting up at the same time every day;
- If at all possible, avoid using the bed for studying, playing on consoles or watching TV. Ideally, the bed space should only be used for sleeping;
- Avoid drinking caffeinated drinks (tea, coffee, energy drinks) particularly before bedtime;
- Avoid drinking too much before bed and go to the toilet as part of a night time routine;
- Avoid exercising right before bedtime;
- Exercise during the day;
- Get organised for the day ahead so this reduces any worry or thinking about what needs to be done;
- Encourage your child to talk to someone they trust about anything that's bothering them that might be keeping them awake – try and have these conversations during the day and not just before bed time;

There is more information and support from The Sleep Council, The Sleep Charity and The Sleep Foundation (see links below) which you may find useful:

[The Sleep Council](#)

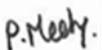
[The Sleep Charity](#)

[The Sleep Foundation](#)

Harvest Week Beginning 9th October

Next week we will be sending out details of our plans for Harvest week so do look out for information and arrangements for our traditional Harvest Breakfasts and our Harvest Charity.

Kind regards,



Pam Meek
Headteacher